

PRESS RELEASE

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FOR IMMEDIATE RELEASE | October 14, 2026

LightHouse Kids Releases eBook Edition of *Milo and the Thoughts That Tumble*

Patrick Haven's first Milo's Mindful Adventures picture book expands to digital reading following its October 5 print publication

SAN PEDRO, Calif., October 14, 2026 — LightHouse Kids, the children's imprint of PH Publishing Co., today announced the release of the eBook edition of *Milo and the Thoughts That Tumble*, written by Patrick Haven and illustrated by Alfian Dwi Anugerah. Priced at \$7.99, the digital edition follows the book's October 5 publication in hardcover and paperback.

Developed for children ages 4–8, *Milo and the Thoughts That Tumble* follows Milo as challenging thoughts begin to grow louder and harder to navigate. With the gentle guidance of Savi and the steady friendship of Finn, Milo discovers a way to name a thought, explore what is happening, and find a kinder thought to carry with him.

The eBook brings Milo's story and Alfian Dwi Anugerah's illustrations to a digital format. The Kindle edition includes guided views that allow readers to move through enlarged portions of the pages while following the story.

At the center of Milo's experience is a three-part approach: Name it. Check it. Swap it. Woven into the story through Milo's experiences and relationships, these steps give children and the adults who care for them a shared language for approaching challenging thoughts.

The book is the first title in *Milo's Mindful Adventures*. Each story is designed to stand on its own while contributing to an emotional language that children and caregivers can revisit over time.

The eBook edition is available on Amazon Kindle for \$7.99. Hardcover (\$24.99) and paperback (\$14.99) editions remain available through Amazon and to booksellers, libraries, and other trade accounts through Ingram.

Book information and media materials are available at phpublishingco.com/press.

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About *Milo's Mindful Adventures*

Milo's Mindful Adventures is a thoughtfully structured picture book series that helps children understand and respond to their thoughts and feelings through warm storytelling and repeatable tools. Each story is designed to stand on its own while building a shared language that children and the adults who care for them can return to as new emotional experiences arise.

About Patrick Haven

Patrick Haven is the author of *Milo and the Thoughts That Tumble* and the creator of the *Milo's Mindful Adventures* series. His work combines emotionally authentic storytelling with practical, repeatable tools designed to encourage meaningful conversations between children and the adults who care for them about thoughts, feelings, and emotional growth. Patrick Haven writes with the belief that children's stories can be both engaging and enduring, offering families books they will return to throughout childhood.

About LightHouse Kids

LightHouse Kids is the children's imprint of PH Publishing Co., dedicated to publishing thoughtfully developed books that encourage curiosity, emotional growth, and meaningful conversations. The imprint focuses on stories that respect children's imaginations while creating lasting value for families, educators, and communities.

About PH Publishing Co.

PH Publishing Co. is an independent publishing company devoted to thoughtfully developed books crafted to endure. Through its publishing imprints, the company develops books with an emphasis on thoughtful storytelling, careful design, and lasting value for readers.

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